



FOR IMMEDIATE RELEASE

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CONTACT: Randy Bryan, Police Training Coordinator
1488 S. Seguin Ave
New Braunfels, TX 78130
(830) 221-4127
rbryan@nbtexas.org

Rape and Aggression Defense Courses Offered by City

New Braunfels, Texas — The City of New Braunfels Police Department is offering ten upcoming sessions of the Rape and Aggression Defense (RAD) course which will include lectures, discussion and hands-on self-defense techniques. Classes are offered free of charge at the New Braunfels Public Library, 700 East Common Street, and will be taught by certified RAD Instructors.

Students must be in good health, capable of participating in physical training with minor exertion, and be able to understand basic verbal and visual instruction. Participants must be female, at least 14 years old, and work or reside within the City of New Braunfels. Protective gear will be provided for the attendees to use. Enrollees must be able to commit to all four consecutive nights of the course, which run from 6 p.m. to 9 p.m. with the exception of the fall sessions. Courses September through December begin at 7:00 p.m. and end at 10:00 p.m.

Course Dates:

- March 4th – 7th
- April 1st – 4th
- April 29th – May 2nd
- June 3rd – June 6th
- July 8th – 11th
- July 29th – August 1st
- September 9th – 12th
- September 30th – October 3rd
- November 4th – 7th
- December 2nd – 5th

Interested parties must complete an application and a signed liability waiver prior to acceptance and a parental waiver, if applicable. For further information, or to obtain an application, please contact Officer Randy Bryan with the New Braunfels Police Department at (830) 221-4127 or email rbryan@nbtexas.org.

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