



**FOR IMMEDIATE RELEASE**

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**Westside Community Center to Offer Tuesday Morning  
Walking Book Club**

**New Braunfels, TX** - The Westside Community Center, in partnership with the New Braunfels Public Library, will offer a Walking Book Club on Tuesdays from 9:00 to 10:00 a.m., beginning June 3<sup>rd</sup>. The Walking Book Club allows participants to exercise, by walking the perimeter of the gym, while listening to an audiobook being played on the Westside's sound system.

This program provides an excellent way to exercise both brain and body, while staying indoors during the summer heat. Participants will initially listen to *The Unlikely Pilgrimage of Harold Fry* by Rachel Joyce. Every Tuesday morning one hour of this novel will be played for the participants until the book is completed and another one is selected.

"The Westside Community Center is the perfect place to launch this new book club. The Center has always had a strong focus on fitness and literacy, and this new book club combines both," said Library Director Gretchen Pruett. "Participants can walk or rest while listening together. There will be time for discussion of the book also built into the schedule."

The Westside Community Center is located at 2932 S. IH-35.

For more information about this program contact Westside Community Center Outreach Coordinator Michele Valadez at 830-221-4360.

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