



FOR IMMEDIATE RELEASE
September 4, 2018

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Free Kidney Screening Offered at Westside Community Center

New Braunfels, TX – Texas Kidney Check will be offering free kidney screenings at the Westside Community Center, in the downstairs classroom, on Friday, September 14th from 10:00 a.m. to 1:00 p.m. Texas Kidney Check is a free screening program offered by the Texas Kidney Foundation. All participants will have an opportunity to meet one-on-one with a medical professional to review their results.

- Must be 18 years or older to participate.
- No fasting required.
- Drop by anytime during the scheduled hours - no need to make a reservation.
- Screenings are given on a first-come, first-served basis.

According to the Texas Kidney Foundation, 44,000 people in Texas are on dialysis every year and kidney disease symptoms are usually silent, so this is a great way to be checked before permanent damage may occur.

What will be checked?

- Weight
- Body Mass Index (BMI)
- Blood Sugar
- A1C
- Blood Pressure
- Creatine
- Glomerular Filtration Rate (GFR)

For more information about the Texas Kidney Check program visit their website at txkidney.org or call 210-610-0691.

Contact the Westside Community Center office at 830-221-4630 for more information related to the screening event or other program questions. The Center is located at 2932 S. IH-35 in New Braunfels.

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