



## **FOR IMMEDIATE RELEASE**

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### **Texas Kidney Foundation Offers Free Kidney Screenings at Westside Community Center**

**New Braunfels, TX** — Free kidney screenings will be available at the Westside Community Center on Monday, March 23, from 10 a.m. to 2 p.m. through a partnership with the Texas Kidney Foundation.

All participants will have the opportunity to meet one-on-one with a medical professional to review results.

“The kidney screenings are quick, easy and informative. It’s a great, proactive approach for early detection and awareness of Chronic Kidney Disease,” said Outreach Coordinator Jennifer Hernandez. “We are thankful to have the valuable team connected to the Texas Kidney Foundation returning to Westside Community Center to offer these screenings to the community.”

Those interested must be 18 years or older to participate in the screening. No appointment is necessary, and walk-ins are welcome; however, screenings are given on a first-come, first-served basis. No fasting is required.

#### **What to Expect:**

1. Fill out patient information and family history
2. Screening (fingerstick) tests for blood pressure, blood glucose, BMI, blood creatine, and e-GFR
3. Consultation one-on-one; a medical professional will be available to review and discuss results.

The Texas Kidney Foundation was founded due to a need for patient services in the San Antonio and Rio Grande Valley regions. The foundation believes early detection, education, and support will lead to a better quality of life for Texans facing kidney disease.

Please call the WCC Office at 830-221-4630 for more information related to the kidney screenings or other programs. Westside Community Center is located at 2932 S. IH 35 in New Braunfels.

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